



# ALDEA™

STRENGTHENING MAYAN COMMUNITIES SINCE 1967

*Formerly Behrhorst Partners for  
Development*



MICHELLE HANAVAN

## ANNUAL REPORT 2015



**Dear Friends and Supporters of ALDEA,**

Thank you for a wonderful and productive year! Your support over the past year has enabled us to grow in so many ways: we completed the transition to our new name, unveiled our new and updated website—[www.aldeaguatemala.org](http://www.aldeaguatemala.org), successfully piloted our first-ever Volcano Challenge fundraiser, and produced an eight-minute video showcasing the impact of our work on decreasing childhood malnutrition in rural Mayan communities. We are fortunate to have benefitted from your feedback, advice, positive energy, and continued financial support during this exciting phase of ALDEA's development.

The achievements I've highlighted here are important for one reason: *they allow us to strengthen our partnerships with rural communities in Guatemala.*

Families in these villages are struggling with chronic childhood malnutrition rates as high as 90 percent among children under five. In the past year, they have also faced the additional negative effects of two prolonged droughts. Our commitment as a partner in improving their well-being is now more vital than ever.

In this Annual Report, we are proud to share the impact of our program on more than 1,500 families in the Department of Chimaltenango. I am especially encouraged by the achievements of the women who take part in our empowerment trainings. Many of them go on to leadership roles in their communities to sustain the fight against

malnutrition after our staff has moved on. This kind of long-term sustainability is exactly what our founder, Dr. Carroll Behrhorst, had in mind when he started this organization in 1967. "Doc" understood that the most effective change comes through grassroots development, and we continue his legacy by providing community members

with the tools they need to organize and address problems themselves.

In just over a year, ALDEA will enter our 50th year of partnership with indigenous communities in Chimaltenango. Whether you are just learning about us or have been involved in our work for decades, we hope you will join us in celebrating this milestone. We look forward to this opportunity to honor the dedication of supporters like you who have brought us this far, and we will be in touch with more details in the coming months. If you want to join us in our planning, please let us know and we will be happy to have you!



MICHELLE HANAVAN

Thank you for being an important part of this journey.

Warm regards,

Patricia O'Connor  
ALDEA Board President

Dear Friends of ALDEA and ABPD,

As with every year, I am excited to share with you the successes that we have achieved together with our partner communities in Santa Apolonia and Patzún. The futures of thousands of children are improving; families are experiencing new opportunities; and women are taking on non-traditional leadership roles in their communities.

*I want to highlight the incredible work that the community promoters have accomplished in this past year.*

As you know, our field staff is intimately involved in training and capacity-building during the first of our two project years. This includes training community-chosen leaders (all women) who will become village promoters, and who will in turn guide the community during the second project year under ABPD supervision. For the past year, these women have led capacity-building trainings in nutrition education, community empowerment, agriculture, and family planning in four communities, directly impacting 525 women and 268 children under five years of age. They have used the SARAR participatory training method to hold workshops, organized activities, resolved problems and doubts, and become leaders in their communities, continuing to reduce rates of chronic malnutrition without

relying on the permanent presence of ALDEA/ABPD. We are achieving project sustainability with these promoters as they continue the work to end chronic childhood malnutrition in their villages long after ALDEA/ABPD has moved on to develop this same process in

other communities.

This past year, we implemented the full integrated approach in eight communities and the water and sanitation component in another five, for a total of

over 1,500 families served. We have significantly reduced the rate of chronic childhood malnutrition in the eight communities in which the full program was implemented thanks in large part to these accomplishments:

- *100 percent of mothers with children under six months old are practicing exclusive breastfeeding.*
- *100 percent of children ages 6 to 8 months are transitioning properly to solid foods.*
- *75 percent of children from 8 to 23 months are eating a daily diet that contains all of the necessary nutrient groups.*
- *800 families now have goats, meaning that almost 1,500 children between the ages of two and five, as well as their mothers, have access to animal proteins from the goat milk.*
- *Communities have decreased post-harvest losses of beans and corn by 13 percent, so families have more food available.*
- *Post-harvest losses due to the 2014 drought were significantly lower in these villages compared to villages where the*



MICHELLE HANAVAN



*ABPD/ALDEA integrated approach has not been implemented.*

- *100 percent of women are implementing proper hygiene practices when preparing food.*
- *Three chlorinated water systems were constructed and are functioning properly.*
- *More than 700 couples are using family planning methods.*
- *New women leaders are forming part of the communities' decision-making committees and are continuing to work as promoters in the development of their villages.*

These successes, together, make it possible to continue reducing the rate of chronic childhood malnutrition in Chimaltenango by improving the health conditions of women and children. This great achievement results from the partnership of

ABPD, ALDEA, and all of our donors and collaborators, without whom this work would not be possible. Many thanks for your support—you are a big part of this success!

Sincerely,



Paco Enríquez  
ABPD  
Executive  
Director



MICHELLE HANAVAN

## DONOR SPOTLIGHT: JUDY GUSTAFSON

*“When people donate money, we care that our money is used wisely for the purposes for which we intend. ALDEA does that.”*

As a supporter of ALDEA's work for the last 45 years, Judy Gustafson makes this statement with confidence. She and her husband, the late Dr. Dennis Gustafson, joined ALDEA's founder, Dr. Carroll Behrhorst, in Chimaltenango in 1970 for Dennis's tropical medicine rotation as he attended the Colombia University College of Physicians and Surgeons. Judy's first-hand experiences with Doc remain with her to this day.

As ALDEA approaches our 50th anniversary, we still adhere to Doc's philosophy



*“Dr. Behrhorst worked alongside Mayan communities, always with great respect for their dignity and their way of life. He made sure that his ways did not come into conflict with the ways of these communities, and that they became partners in their development. He took a back seat to no one when it came to his principles and ethics. His decisions were encompassing, yet precise. And sometimes, he waited patiently...while working incredibly hard...for others to see and understand his vision.”*

as we build strong partnerships with communities and address the problem of chronic childhood malnutrition together. In loving memory of Dennis, this year Judy made a significant contribution to the construction of a water system in Xepatán, Guatemala. Thanks in large part to her leadership, the 380 families of Xepatán now have access to clean, safe drinking water in their homes so their children can avoid the potentially fatal risk of water-borne diseases—and the legacies of Dennis and Doc live on.



*A vision is not just a picture of what could be,  
it is an appeal to our better selves, a call to  
become something more.*

**As ALDEA approaches our fifty-year anniversary, honor “Doc” by ensuring his visionary programs are funded for another fifty years.**

***Become a Legacy Society member today!***

- Name ALDEA as a beneficiary of your IRA or retirement account—specify a dollar amount or a percentage. This does not require a will or trust, and the benefits to ALDEA are tax-free!
- Make a bequest to ALDEA in your will or trust.

Let us know your intent by visiting our website at [www.aldeaguatemala.org/donate](http://www.aldeaguatemala.org/donate) and downloading the Declaration of Intent form; calling us at **313-205-4249**; sending an e-mail to [ALDEA@aldeaguatemala.org](mailto:ALDEA@aldeaguatemala.org); or checking the box on one of our donation envelopes.

The Dr. Carroll Behrhorst Legacy Society honors those who partner in our work with indigenous communities in rural Guatemala through a gift in their wills or estate plans. We are grateful to these friends who, through thoughtful planning, are supporting ALDEA beyond their lifetimes. On behalf of the future generations who will benefit, we thank you.

**Recent Bequests**

CHRISTOPHER LEE HENLEY  
DR. CARL H. KREKELER  
EDITH ADAMS  
JANE G. CARRUTHERS REMAINDER TRUST  
MIKIKO STEBBING

**Legacy Society Members**

include all current ALDEA board members and our Executive Director:

AMY MCCONNELL FRANKLIN • ANONYMOUS •  
BARBARA YOST • CAMERON CLARK • CARRIE  
PLISCHKE • CHARLIE DELP • CYNTHIA MCALPINE  
• DALE & YVONNE GATZ • DR. JULIE ABRAMSON  
• DR. LISA FLEISCHER • EDWARD & MARIE  
SCHROEDER • ELIZABETH & THOMAS KELSEY •  
ELTA LAMPHIER • GLORIA OEHLMAN • HEIDI  
M. WOEHLER • JACQUELINE WOODLE • JESSICA  
LABUMBARD • JONATHAN MAUPIN • JOYCE &  
FRITZ ACKERMAN • KATHARINE NICKEL • KEVIN  
KREUTNER • LETTY MANNE • NARRA COX •  
PATRICIA O’CONNOR & BRIAN TREACY • PAUL &  
PAT KRAUSE • RATNA STURZ • RAUL & ELENA  
GASCA • SONYA & WALTER FULTZ • SUE PAT-  
TERSON • SUSAN DAVIES • TIMOTHY McNALLY  
• VICTORIA WARD • WAYNE GILBERT & DIANE  
SKLAR • ZOE KOPP



*“I became acquainted with ALDEA in 1985 as a fourth year Tulane University medical student when I went on an eight-week rotation with Dr. Behrhorst at the Clinic in Chimaltenango, Guatemala. We were given lots of responsibility, and we learned so much about health problems in a resource-poor setting and about public health efforts Doc initiated in other villages. I have always felt great about supporting those efforts and am happy to put my financial resources toward the work of ALDEA.”*

—Dr. Lisa Fleischer, Legacy Society Founding Member



Every dollar goes a long way toward addressing childhood malnutrition in Guatemala,  
and ALDEA is grateful for all donations.

**Special thanks to our Leadership Giving Circle\***

**Diamond - \$10,000+**

Anonymous  
Barbara Yost  
Judith Gustafson

**Platinum - \$5,000 to \$9,999**

Dale & Yvonne Gatz  
Jonathan Margolis & Linda Keyes  
Patricia O'Connor & Brian Treacy  
Robert Hamilton  
Wayne Gilbert & Diane Sklar

**Gold - \$2,500 to \$4,999**

Anonymous  
Elizabeth Pattullo & Gregory Torres  
James McBride & Mary Morse  
John & Caroline Creasy  
John & Terri Lyons  
Paul Chan & Katie Lorand

**Silver - \$1,000 to \$2,499**

Alexandra Drane  
Anthony & Michelle Gallo  
Arthur Parker & Carolyn Behrhorst Parker  
Cameron Clark  
Chris Henley  
Christopher Evans  
Cindy & Matthew Swatek  
Corinne & Harland Nelson  
David Hearst  
E.M. Baisch & Cynthia Frias Baisch  
Eamon & Margaret Kelly  
Ellen Marram & David Ruttenberg  
Eunice Gandt  
Jane Engle Smith  
Jennifer Church  
Jessica Griffiths

Joan Bacharach  
Joan Fuetsch  
John & Karen McCoy  
Judith & Howard Peters  
Karen Riegenbach  
Kathleen Vignos Folsom  
Kathryn Winter  
Keith & Joyce Sproat  
Kevin Walsh  
Larry & Claire Morse  
Laura Cox & Jay Cohen  
Linda Schoenleben  
Marcy Bergman & David Durham  
Mike & Susan Trenkle  
Mike Gotzsche & Mary Moench

Monica Grilliot  
Narra Smith Cox  
Page Burkholder  
Paul & Pat Krause  
Paul M. Kempff  
Prentiss & Elizabeth Smith  
Ready Foods  
Richard J. Thalheimer  
Philanthropic Fund  
Sonya & Walter Fultz  
Steven & Sarah Steinman  
Sue Patterson  
Susan Carter  
Susan Davies & Richard Talkov  
Tim & Jennifer Gatz  
Todd Pope & Ramey Littell  
Tom & Liz Kelsey  
Valerie J. Luessenhop  
Victoria Ward & Mark Connolly  
William Danforth  
Zoe Kopp & Thom Namaya

**Bronze - \$500 to \$999**

Al & Karen Crumbliss  
Ana Maria Zaugg  
Ann Airey

Ann C. Tipton & Michael D. Hofmayer  
Ann Williams  
Annette Dexter Jones  
Anthony & Jane Day  
Barbara & Mordechai Winter  
Bob Hemmer  
Brien & Katherine O'Meara  
Bruce Robbins & R. Elaine Hanson  
Carolyn Libelo  
Celia Henerofsky  
Cinde Rubaloff  
Darin Portnoy  
David & Maureen Gerner  
Deborah Wald  
Donald F. & Nancy D. Nagler  
Emily Cato  
Eric & Jenifer Schneider  
Gary & Margaret Elbow  
George Lamb & Maha Eltobgy  
Helena Wehrstein  
Henry Arndt  
Holly Myers & Kirk Neely  
J. Michael & Lori Wilson  
Jack & Lynne Rummel  
Jack Raba  
Jacob & Leann Allgood  
Jeffrey & Beth Smith  
Jennifer Wehrmeyer  
Jerrald K. & Esther Pfabe  
Judith Ammerman  
Julia Henslee Garcia  
Katharine B. Morgan  
Kathryn Diamond  
Kathryn Moore  
Leslie Rodriguez  
Lisa & Jeffrey Cooper  
Lisa Fleischer  
Louis M. & Laura Alpern  
Martha Egan  
Mary Escudero Marshall

Michael P. & Nancy Kappelman  
Michael Ward  
Michi Shimada  
Nancy & Mark Jacobs  
Nancy Baughman Csuti  
Penny & Roger Westphal  
Richard & Gerryl Puelle  
Rodney & Jane Behrhorst  
Roy Beaty  
Sandra Wilkinson  
Schuyler Frautschi  
Scott & Susan McBride  
Stephanie H. LaBumbard  
Steven & Susan Machtinger  
Steven T. Lacy & Ricki Kaplan Lacy  
Verna Berry  
Vincent Checchi, Jr.  
Virginia M. Ebey  
Will & Fran Irwin  
William G. & Heather L. Roberts  
William Gonda & Sally Sehring

**Rotary Water & Sanitation Project:**

Anonymous  
Avon-Canton, CT  
Berlin High School  
Interact Club, CT  
Bloomfield, CT  
Broad Brook, CT  
East Greenwich, RI  
East Hartford, CT  
East Windsor, CT  
Farmington, CT  
Louis & Joan Lepry  
Manchester, CT  
Newington, CT  
Palmer, MA  
Plainfield, CT  
Richard & Elin Lawrence  
Southington, CT  
Tri-Town Fund, MA

\*The Leadership Giving Circle celebrates donors who have gifted \$500 or more during our fiscal year of July 1, 2014 to June 30, 2015.



MICHELLE HANAVAN

Wakefield, RI  
Watertown, CT  
West Springfield, MA  
Wilbraham-Hampden, MA  
Willimantic, CT  
Windsor-Windsor Locks, CT

#### Foundations & Trusts:

Atkinson Foundation  
Catapult  
Colwell Family Distributable Fund  
Combined Federal Campaign  
Dale Family Foundation:  
Molly Dale Smith,  
Catherine Dale  
Smith, Corrine H.  
Dale, Virginia H.  
Dale  
Feed the Dream  
FM Global Foundation,  
Matching Gifts Program  
Gertrude W. & Edward M. Swartz Charitable Trust  
Global Legacy  
Hyman & Bessie Passman Family Charitable Foundation  
Kathryn & Charles Avison – Miriam Avison Charitable Fund

at the Boston Foundation  
Miracles in Action, Inc.  
Moritz Family Foundation  
Pfizer United Way Campaign  
Skyler Foundation  
The Palmer Foundation  
United Way  
Vistex Foundation

#### Organizations:

All Saints' Church Cheadle  
Hulme Charities Committee  
Episcopal Church of the Resurrection  
First Baptist Church, Tallahassee, FL  
Guatemalan Families Association, UK  
MOGUATE  
Pulte Group, Inc., Matching Gifts Program  
World Marketplace, Shepherd of the Bay Social Ministries

#### Bequests:

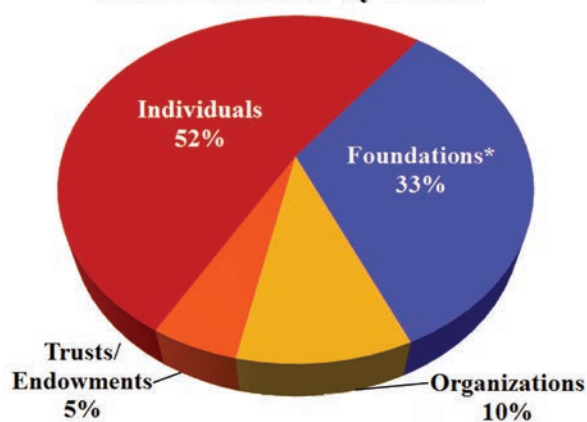
Edith Adams  
Jane G. Carruthers Remainder Trust  
Mikiko Stebbing Trust

## 2015 FINANCIAL INFORMATION

Income: \$690,868

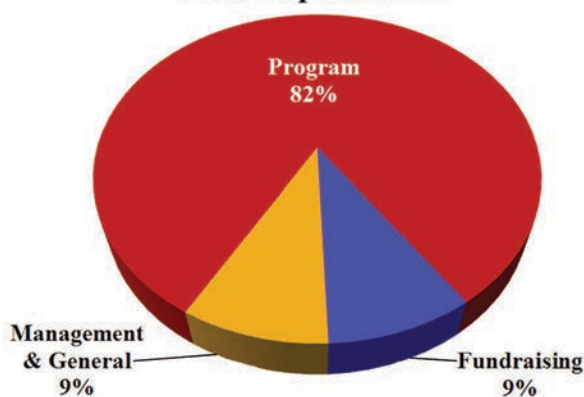
Expenses: \$556,758

### 2015 Donations by Source



\* Includes Family Foundations and Funds

### 2015 Expenditures





The Annual Report is a publication of ALDEA, 1732 1st Avenue #26867, New York, NY 10128. ALDEA, together with our collaborators at the Asociación BPD (ABPD) in Guatemala, works in partnership with communities to improve their health and well-being. Our approach to partnership and community development is based on the principles espoused by Dr. Carroll Behrhorst in his work with the Mayan communities of Chimaltenango. All contributions are tax-deductible. Restricted contributions to ALDEA are forwarded directly to projects; unrestricted contributions are forwarded directly to projects except for the amount required to maintain the US office. ALDEA is non-sectarian and non-political.

**Administrative Office:**

Jessica LaBumbard, Executive Director  
1732 1st Avenue #26867  
New York, NY 10128  
(313) 205-4249  
aldea@aldeaguatemala.org

**www.ALDEAGuatemala.org**

© Copyright 2015 ALDEA: Advancing Local Development through Empowerment and Action. All Rights Reserved



**1732 1st Avenue #26867  
New York, NY 10128**

Presorted First  
Class  
US Postage  
PAID  
Milwaukee, WI  
Permit #3927

***Donations for ALDEA's work can  
be sent to:***

ALDEA  
Dept. 116234  
P.O. Box 5211  
Binghamton, NY 13902-5211

Facebook: ALDEA  
Twitter: @ALDEAGuatemala

**ALDEA Board**

Patricia O'Connor, *President*  
Jonathan Maupin, *Vice President*  
Wayne Gilbert, *Secretary*  
Cameron Clark, *Treasurer*  
Susan Davies  
Amy McConnell Franklin  
Sonya Fultz  
Kevin Kreutner  
Letty Manne  
Sue Patterson  
Victoria Ward  
Barbara Yost

**Emeritus**  
Pat Krause



The staff of Asociación BPD (our sister organization in Guatemala) works on the ground in villages in the Department of Chimaltenango, implementing our vital programs in their capacities as Executive Director, Program Director, Accountant, Administrator, Monitoring and Evaluation Specialist, Social Worker, Agronomist, Nutrition Educator, Sanitation Technician, Program Support Technician, and Housekeeping and Maintenance Personnel.