In December, Create Good Foundation, an organization committed to helping the poor of poor people who live and work in coffee-growing regions around the world, joined with Behrhorst Partners for Development through an investment of $225,000. These funds will be used to help construct schools in two villages, and guy water filters, improved latrines and water systems in several other villages where we already built water projects but didn’t have the funding to complete the entire Water Systems project. This generous investment in one village allows us to increase our capacity so that we can help more rural families become self-sufficient.

It has been 30 years since Dr. Carroll Behrhorst first began his work, standing side by side with Mayan families to improve the health and well being of children, families, and communities in rural Guatemala. That alliance, formed half a century ago, continues strong today because world most vulnerable to climate change. Changing weather conditions and events plague the most vulnerable populations year after year, affecting their harvests and infrastructure, and leading inevitably to a struggle for consistent, proper nutrition. At ABPD we are making strides in the main areas we focus on our new strategic plan starting in July, including particular emphasis on water and sanitation as key to improving nutrition conditions.

In the past five years our strong family centers have been very successful in battling chronic malnutrition. The rates among the population involved in this program are significantly lower than for the surrounding communities. How did we do that? We will take some approach that improves many families for a more extended period of time. Our goal is to improve the community so that extended support from ABPD or other outside groups won’t be necessary. We will focus on the improvement and leadership of women and youth, education and access to family planning methods, adaptation to climate change, and one of our strengths—work on water and sanitation, which helps reduce gastrointestinal diseases and improves quality of nutrition.

This work, challenging as it is for our staff, allows

problems facing Guatemalans like chronic malnutrition, especially for children under five years of age.

Chimaltenango is no exception, with almost 15% of its children under age five with chronic malnutrition (MINEDUC 2008) – a number that matches or is worse than 15% in some of its municipalities. In fact, it is the sixth worst department in the country when it comes to malnutrition. Tackling the problem around is not easy. Chimaltenango residents lack access to enough food to eat, as well as to training in agriculture, nutrition and family planning.

Endnotes

1. Data collected in Inter-American Development Bank’s 2008 Country Assistance Strategy for Guatemala

2. Data from 2007-2008

3. Data from the Guatemala National Anthropometry Survey

4. Data from the Guatemala National Nutrition Survey

5. Data from the Guatemala National Demographic Health Survey

6. Data from the Guatemala National Demographic Health Survey

7. Data from the Guatemala National Demographic Health Survey

8. Data from the Guatemala National Demographic Health Survey

9. Data from the Guatemala National Demographic Health Survey

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18. Data from the Guatemala National Demographic Health Survey

19. Data from the Guatemala National Demographic Health Survey

20. Data from the Guatemala National Demographic Health Survey

Enhancing Programs to Reduce Malnutrition

CREATIVE GOOD FOUNDATION GIFT INCREASES ABPD’S CAPACITY

LETTER FROM THE EXECUTIVE DIRECTOR

BEHRHORST PARTNERS FOR DEVELOPMENT SPRING 2012

The mayor of Patzun, Mardoqueo Cancax, joins Rick and Elin Lawrence of Manchester, CT at the ceremony signifying completion of the water system in Popabaj in February. Thanks to US Rotary Clubs in Connecticut, Patzun, and the Guatemalan government, 1,000 families have running water in their homes as well as improved latrines and vented stoves.

Chimaltenango residents lack access to enough food to eat, as well as to training in agriculture, nutrition and family planning. Guatemala is being severely affected by climate change—the United Nations has declared it the second country in the

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Sonya Fultz

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Carolina Gomez

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Victoria Vald, President

Superior St., Milwaukee, WI 53207

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In March, Create Good Foundation, an organization committed to helping the least of people on earth, and work in coffee growing regions around the world, joined with Behrhorst Partners for Development through an investment of $250,000. These funds will be used to help construct schools in two villages, and provide water filters, improved latrines and translational awareness in several other villages where we already built water projects but didn’t have the funding to complete the entire Health Homes project. This generous investment in our work allows us to increase our capacity so that we can help more rural families become healthier, happier and one of our strengths—work on water and sanitation to family planning methods, adaptation to climate change, and leadership of women and youth, education and access to health care. We won’t need support from ABPD—or other outside groups—ever again. We will focus on the empowerment of organizations like Create Good Foundation—and good people like you.

Check back on our website and Facebook page from time to time to read updates on how all of us working together are saving and improving lives in rural Guatamala.

I joined with Behrhorst Partners for Development through Cover Story Continued

world most vulnerable to climate change. Changing weather conditions and events plague the most vulnerable population every year, destroying their harvests and causing the most families live healthier lives.

The past few years our strong family centers have been very successful in battling chronic malnutrition. The malnutrition rate in Latin America, and it has ranked sixth in the world for several years, with rates of over 50% for children under five years of age.

Chimaltenango is exceptional, with almost 80% of its children under age five with chronic malnutrition (MINSAEC 2009) — a number that matches or exceeds 70% in some of the municipalities. In fact it is the sixth worst department in the country when it comes to malnutrition. Tackling the problem around is not easy. Chimaltenango residents lack access to enough land to cultivate, as well as to training in agriculture, nutrition and family planning making matters worse. Guatemala is being severely affected by climate change—the United States has declared it the second country in the

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Dear Friends and Partners of BPD,

As we look back on 2021 and consider our priorities for 2022, we want to take a moment to reflect on the progress we’ve made and the impact we’ve had. We are proud of what we’ve accomplished and excited about the potential for the year ahead.

In Guatemala, we have focused on improving nutrition and access to clean water. We have seen significant improvements in the health of the community, particularly among the indigenous population. The reduction in childhood chronic malnutrition is a testament to our commitment to improving the lives of vulnerable populations.

We have also continued our efforts to strengthen our national network of support. Since 1995, we have maintained strong relationships with donors and partners, including international health care and children’s charities. Jennifer brings to us her experience in cultivation and stewardship, connecting donors with BPD partners, and building up a national network of support.

We are pleased to announce that Jennifer Turck has successfully recruited Jen Behrhorst Parten for Development, Jennifer has served as a resource development professional for more than twenty years, working with a variety of non-profits including international health care and children’s charities. Jennifer brings to BPD experience in cultivation and stewardship of donor relationships, as well as expertise in developing new programs for annual, major, and planned gifts.

The BPD Board is excited to introduce Jennifer Turck as our Director of Development, said board director, Sonya Stahl. “This early stage of Jennifer being a wealth of experience and knowledge to the organization, but she brings a passion for what we do and a commitment to ensuring that BPD has a future of success.”

As director, Jennifer will expand development efforts, connecting donors with BPD partners, and building a national network of support. Since 1995, she has maintained credentials as a certified fund raising executive, a member of the Association of Healthcare Philanthropy (AHP) and Association for Fundraising Professionals (AFP). Jennifer is active in philanthropy as a volunteer and businesswoman. She serves on several non-profit boards, and as the founding president for Leave a Legacy® and as president-elect of the Board of Directors for the National Association of Fund Development.

On the homefront, Jennifer will also oversee our institutional capacity as training staff as necessary, monitoring and evaluating our strategy, and developing new models that will strengthen community voices as an integral part of our planning and programming. We hope to improve our reporting to you, our donors, by measuring results as well as reporting on activities.

We thank you for your support, and we look forward to sharing our successes with you in the coming year.

Best,

Sam Snyder-Create Good Foundation

Armira’s Story

My name is Armira Xicay and I live in El Durazno, a small village located in San Martin Jilotepeque, Guatemala. My husband is Otto Leopoldo Xicay and our name is Armira Xicay and I live in El Durazno, a small rural community in Guatemala. As is it across Guatemala. As it is in Guatemalan families. An NGO— as it is across Guatemala. As it is in Guatemalan families. As it is across Guatemalan. As it is in Guatemalan families. As it is across Guatemalan. As it is in Guatemalan. As it is across Guatemalan. As it is across Guatemalan. As it is across Guatemalan. As it is across Guatemalan. As it is across Guatemalan. As it is across Guatemalan. As it is across Guatemalan. As it is across Guatemalan. As it is across Guatemalan. As it is across Guatemalan. As it is across Guatemalan. As it is across Guatemalan. As it is across Guatemalan. As it is across Guatemalan. As it is across Guatemalan. As it is across Guatemalan. As it is across Guatemalan. As it is across Guatemalan. As it is across Guatemalan. As it is across Guatemalan. As it is across Guatemalan. As it is across Guatemalan. As it is across Guatemalan. As it is across Guatemalan. As it is across Guatemalan. As it is across Guatemalan. As it is across Guatemalan. As it is across Guatemalan. As it is across Guatemalan. As it is across Guatemalan. As it is across Guatemalan.

Before developing our strategic plan we reviewed the literature, consulted with village development committees and acknowledged our priorities in the most effective ways.

Our overarching strategic objective for the next three years is to reduce childhood malnutrition in communities where BPD works. The strategies to achieve this objective are outlined in the accompanying graphic.

Some of our strategic initiatives are:

1. Providing running water, basic sanitation and vented stoves as these are known to have a positive impact on nutrition. We will continue to implement these strategies, focusing on communities with the greatest need to increase the number of people reaching these initiatives.

2. Implementing evidence-based interventions that improve the health and well-being of children, with a special focus on women and adolescents, and children under five years of age.

3. Strengthening the role of community leaders and community members as key stakeholders in achieving our goals.

4. Expanding our partnership network with NGOs, governments, and other organizations to support our work.

By targeting these initiatives, BPD will partner with communities, strengthen alliances with the government and other NGOs, and work with people to achieve their goals.

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“I am excited to welcome Jennifer to our team. She brings a wealth of experience and knowledge to the organization, but she brings a passion for what we do and a commitment to ensuring that BPD has a future of success.”

As director, Jennifer will expand development efforts, connecting donors with BPD partners, and building a national network of support. Since 1995, she has maintained credentials as a certified fund raising executive, a member of the Association of Healthcare Philanthropy (AHP) and Association for Fundraising Professionals (AFP). Jennifer is active in philanthropy as a volunteer and businesswoman. She serves on several non-profit boards, and as the founding president for Leave a Legacy® and as president-elect of the Board of Directors for the National Association of Fund Development.

On the homefront, Jennifer will also oversee our institutional capacity as training staff as necessary, monitoring and evaluating our strategy, and developing new models that will strengthen community voices as an integral part of our planning and programming. We hope to improve our reporting to you, our donors, by measuring results as well as reporting on activities.

We thank you for your support, and we look forward to sharing our successes with you in the coming year.

Best,

Sam Snyder-Create Good Foundation

Guatemala: Health and Nutrition at a Glance

According to the World Bank, chronic malnutrition is “the only indicator that has not improved, and in that regard Guatemala is unfortunately one of the worst indicators in the world.” Here are some other facts from the World Health Organization:

• Guatemala has the highest rate of stunting in the world and Mayans have disproportionately high rates of stunting compared to other ethnic groups.

• Children who are undernourished between conception and age two are at increased risk for impaired cognitive development.

• 1 in 10 infants are born with a low birth weight which puts them at high risk for growth, chronic health problems such as heart disease and diabetes.

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• 1 in 10 infants are born with a low birth weight which puts them at high risk for growth, chronic health problems such as heart disease and diabetes.
Dear Friends and Partners of BPD,

When we gathered health-related data, it became clear that chronic childhood malnutrition is far worse among the indigenous populations than the non-indigenous and worse in rural communities as compared to urban areas. With othersocial and economic challenges, malnutrition is the major health-related nutrition in communities where BPD works. The strategies to achieve this objective are enumerated in the accompanying Letter from the President.

Before developing our strategic plan we reviewed the literature, consulted with village development committees and outlined our programs to ensure that we will use our resources wisely while implementing the most effective practices. Our vision is that communities become empowered, with a right to health and education and access to family planning methods. Finally, we reviewed all new, cross-cutting strategies, assessing community capacity, identifying new needs and resources to become more mobile decision-makers, and training young people to participate in community development activities as they assume roles of agents of change. To ensure our success, we will also strengthen our institutional capacity to train staff as necessary, monitoring and evaluating our strategies, and developing resources that sustain community voices as an integral part of our planning and programming. We hope to improve our reporting to the public, our donation process, by monitoring results as well as reporting on activities.

Thank you for your support for our programs and continuing support. If you have any questions or comments, feel free to contact our Board President/Executive Director, Jennifer Turck.
When we gathered health-related data, it became clear that chronic childhood malnutrition is the major health-related problem in rural communities as compared to other chronic health issues.

Before developing our strategic plan we reviewed the literature, consulted with village development committees, and evaluated our programs to ensure that we would use our resources wisely while implementing the most effective practices. Our vision is that communities become empowered and capable of culturally pertinent and equitable development.

Some of our basic strategies remain the same: providing running water, basic sanitation, and education. As we assess our programs, we ensure that community voices are an integral part of our planning activities.

One of our recent initiatives is the lack of clean water and sanitation. As much water as we could, so at least I did not need to go to the river twice a day to get water for drinking.

We worked hard and we have been doing it since I was a child. However, whenever I did it, I was very thirsty and dehydrated. Now I have clean water available for me and my children, and I am very happy because I can use clean water for drinking.

A few months ago, Armira received a new Eco-filter, which means she no longer needs to boil water, which saves time and money. She also received training on how to use it and keep it clean. It is very useful because we do not need to fetch water anymore, which saves time and energy.

Armira’s Story

BPD has a long tradition of working to improve health and nutrition in rural communities, with a special focus on women and children. We provide nutrition-focused interventions and support from our work in rural communities.

As our Director of Development, Jennifer has served as a resource development professional for more than twenty years, working with a variety of nonprofits including international health care and children’s charities. Jennifer brings to BPD experience in cultivation and stewardship of donor relationships, as well as expertise in developing new programs for animal, major, and planned gifts.

BPD Board of Directors

Jennifer Turck has more than twelve years of experience in fund development, connecting donors with BPD partners, and building a national network of support. Since 1999, she has been an active board member of several organizations.

Guatemala: Health and Nutrition at a Glance

According to the World Bank, chronic malnutrition is the “only indicator that has not improved, and in that regard Guatemala is definitely an outlier.” As of 2009, Guatemala had the highest rate of stunting in the world, with 54% of children under age five suffering from this condition. The World Bank states that Guatemala’s high rate of stunting is due to a lack of clean water and sanitation in rural communities.

BPD Board President

Jennifer is active in philanthropy as a volunteer. She serves on several non-profit boards, and as the founding president for Kids’ Legacy. She is also a board member of the Cortland County Community Foundation, which she serves with her husband and three children.

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ASPD Strategies

Feasible, sustainable and cost-effective programs that guarantee the right to health and well-being. To achieve that vision, BPD will partner with communities, strengthen alliances with NGOs, and use its resources to fund development projects.

M assortment of strategies and interventions that address malnutrition and improve health outcomes in rural communities. When we gathered health-related data, it became clear that chronic childhood malnutrition is the major health-related problem in rural communities as compared to other chronic health issues.

BPD was formed in 1965 with a mission to improve health and nutrition in rural communities, with a special focus on women and children. We provide nutrition-focused interventions and support from our work in rural communities.

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Check back to our website and Facebook page from time to time to see our updates on how all of our working together are saving and improving lives in rural Guatamala.

Rewarding moments everyday...

“We have never seen an institution that works several projects at a time. Now we have a spigot at home and our children will not suffer due to lack of running water anymore.”

—Ramon a Paredes -Patzocon.