



BEHRHORST PARTNERS FOR DEVELOPMENT ANNUAL REPORT 2013



BPD



PHOTO: RIC URRUTIA PHOTOGRAPHY



LETTER FROM THE PRESIDENT



Dear BPD Friends and Supporters,

I am very pleased to share with you the accomplishments of our first year of work under our new strategic plan. Throughout this Annual Report we present some of the principal achievements. More difficult to chronicle is how our work has qualitatively changed in important ways. The focus on a key goal - reducing chronic malnutrition - has enabled our staff and board to make strategic decisions about how best to assist communities. The shift to the SARAR methodology for participatory community planning has helped ensure that the communities' ingenuity and creativity are brought to bear in the creation of workable solutions to their development problems. We have also been able to

strengthen existing areas of work such as food production and family planning, while introducing related components such as food storage and activities to empower women.

Thank you all once again for your support for these efforts.

Best regards,

Victoria Ward
BPD Board President



LETTER FROM THE EXECUTIVE DIRECTOR



Dear Friends of BPD,

Fiscal Year 2013 has come to a close with the transition to our new strategic plan, now fully implemented.

This has been a year of change. Our communities in San Martín Jilotepeque, the municipality in which we have worked since the inception of ABPD, have all successfully graduated from our program, allowing us to shift our focus to communities in Patzún and Santa Apolonia. As always, these communities are located in Chimaltenango, where the rates of chronic childhood malnutrition are among the highest in Guatemala. We have fully completed our commitments in San Martín. Of course, we will continue our partnerships through frequent monitoring visits.

ABPD and BPD initiated the pilot program included in our new strategic plan in 2013. This comprehensive approach fo-

cuses on combatting chronic malnutrition in villages in Patzún, while at the same time carrying out water and sanitation projects for the rural community. We are also establishing new contacts in Santa Apolonia, where we began working for the first time in July 2013.

Chronic childhood malnutrition is the primary health problem for children in Guatemala, with a national rate of around 50% of children under five suffering from it. This places Guatemala as the country with the highest rate of childhood malnutrition in Latin America, and the sixth highest in the world. Despite the government's efforts to address the problem, it has actually worsened over the years, especially in the rural indigenous population, rising to level of 60% in Patzún and 70% in Santa Apolonia. BPD believes that only a comprehensive strategy will slow and reduce this grave problem that leads to depressed immune systems in children, makes them more vulnerable to disease, and leaves them with



limited intellectual capacity for life.

The excellent results obtained after the year-long trial period of our new strategy in two pilot communities have given us the confidence to begin replicating this model in new villages in both municipalities.

BPD's comprehensive intervention strategy is based on six components: nutritional education, sustainable agriculture, family planning, water and sanitation, community empowerment, and disaster risk reduction. The combination of these components improves the hygienic, sanitary, and nutritional conditions of the families. Throughout this process, community members, especially the women and youth, are empowered to become new leaders capable of guiding their communities toward the changes that they judge necessary, with quickly sustainable results where the long term presence of BPD is not required. A key to the success of this strategy has been the use of the SARAR methodology, in which the participants themselves, not BPD, identify the problems they are facing and the solutions.

We have worked with 1,700 families from 18 communities throughout the year. In order to be able to control these processes, we have significantly strengthened our monitoring and evaluation system, which now allows us to have updated information from the different communities very quickly so that we know in a timely

manner if something needs to be improved. The monitoring and evaluation process has given us the data to demonstrate the effectiveness of our comprehensive program targeting chronically malnourished children under five.

Strategic alliances with our friends, donors, municipal governments, local organizations, and the communities themselves, has led to a drastic reduction in chronic malnutrition indices for children under five with whom we have worked. Compared to the national rate of childhood malnutrition of 50% and up to 70% in Chimaltenango, we have reduced the rate to 24% among the people with whom we work in our participating communities.

Comprehensiveness and community appropriation of the process are key for the successful development of the community, and in this case, for the improvement of the nutritional status of children under five. With the help of our friends, partners, and donors, all of this is possible.

We hope to continue collaborating to help these communities as they work toward their own development.

IMPACTING LIVES

- **100% of mothers now practice exclusive breastfeeding with their children who are under six months of age compared to 0% at program inception.**
- **Nearly 75% of mothers practice appropriate transition to solid foods for their children who are between six months and one year of age compared to 0% at program inception.**
- **Almost 80% of women practice nutritious recipes in their homes that they learned during the training process.**
- **Families have access to vegetables produced in their gardens as well as to animal protein derived from goat milk, the goats having been provided by BPD.**
- **Corn production has risen from an average of 24 bushels per acre to 42, and bean production rose from an average of 3.5 bushels per acre to 9, thanks to newly implemented soil conservation and sustainable crop management techniques.**
- **We have had an increase of 93% in one year in the use of family planning methods.**

Paco Enriquez
Executive Director



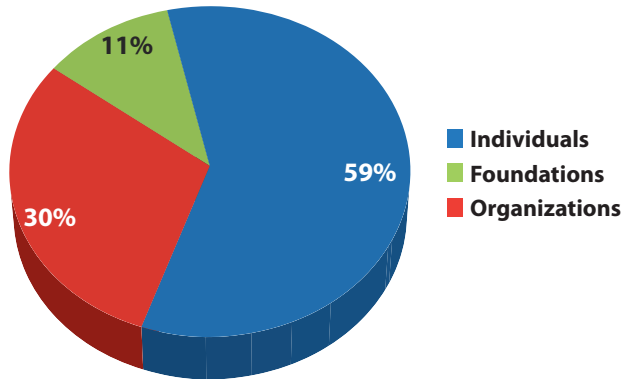


Financial Information

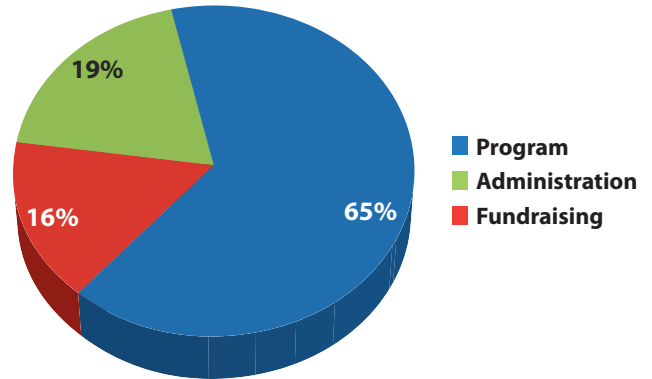
Income: \$419,572

Expenses: \$378,403

2013 Donations by Source



2013 Expenditures



*“Sin agua, no hay vida.
Without water, there is no life.”*

Rick Lawrence closes with that phrase in both Spanish and English each time he presents to a new Rotary Club about BPD’s clean water and sanitation projects in Guatemala.

Since 2006, Rick and his wife Elin have facilitated a collaboration of Rotary Clubs in Connecticut, Massachusetts, Rhode Island, and New York to support Behrhorst Partners for Development.

The pooled resources of 26 Rotary Clubs in 2012 helped bring clean water, new latrines and safe, efficient stoves to 90 families in the village of Saquiyá. Over the last seven years,



Rotary Clubs funds for all the village projects have totaled \$213,500 in support of 515 families in eight villages.

Rick Lawrence says, “We are motivated by the chance to make a difference and the gratitude of the people. Villagers who have been carrying heavy jugs of water for miles each day now have that burden lifted, and their joy is evident.”





A dollar goes very far in Guatemala and BPD is grateful for all donations – large and small

\$10,000 Plus

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Feed the Dream
Frances Dwyer
Guatemalan Families Association
Moritz Family Foundation
Palmer Foundation
Rotary Club Water and Sanitation Project*

\$5,000 - \$9,999

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Paul and Dorcas Taylor
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Daniel and Stacey Wood

*Participating Rotary Clubs and Individuals:

Bloomfield, CT.; Broad Brook, CT.; Cortland Breakfast Club, NY; Danielson, CT; East Greenwich, CT; East Hampton, CT; East Hartford, CT; Enfield CT; Farmington CT; Glastonbury, CT; Manchester, CT; Nimmonsburg, NY; Palmer, MA; Rockville, CT; Simsbury Granby; Somers, CT; Southwick, MA; Torrington, CT; Wakefield, RI; West Springfield, MA; Wethersfield/Rocky Hill, CT; Wilbraham-Hamden, MA; Willimantic, CT.; Windsor-Windsor Locks, CT; William and Barbara Bayer; Rick and Elin Lawrence; Vilma D. Montclair; Robert Newbold; Rabbi Richard Plavin; Al Ward, Sr.



A vision is not just a picture of what could be, it is an appeal to our better selves, a call to become something more.

In 2012, with both BPD's history and future in mind, the Dr. Carroll Behrhorst Legacy Society was formed to honor those who partner in our work with indigenous communities in rural Guatemala through a gift in their wills or estate plans.

A legacy gift is motivated by a vision for a better tomorrow. During this first year, new members of the Dr. Carroll Behrhorst Legacy Society were designated as founding members. We are grateful to these friends who, through

thoughtful planning, are leading the way with support for Behrhorst Partners for Development beyond their lifetimes. On behalf of the future generations that will benefit, we say thank you.

- DR. JULIE ABRAMSON
- ANONYMOUS
- CAMERON CLARK
- NARRA COX
- DR. LISA FISCHER
- WALTER & SONYA FULTZ
- RAUL & ELENA GASCA
- DALE & YVONNE GATZ
- THOMAS & ELIZABETH KELSEY
- ZOE KOPP
- PAUL & PAT KRAUSE
- DR. CARL KREKELER*
- ELTA LAMPHIER
- CYNTHIA MCALPINE
- KATHARINE NICKEL
- SUE PATTERSON
- CARRIE PLISCHKE
- EDWARD & MARIE SCHROEDER
- RATNA STURZ
- VICTORIA WARD
- BARBARA YOST

*deceased



Women and youth participate in SARAR trainings, learning and practicing leadership skills.



PHOTO: RIC URRUTIA PHOTOGRAPHY





Newsletters are occasional publications of Behrhorst Partners for Development, 2933 N. State Road 27, Ojibwa, WI 54862. Behrhorst Partners for Development (BPD), together with our collaborators at the Asociación BPD (ABPD) in Guatemala, works in partnership with communities to improve their health and well-being. Our approach to partnership and community development is based on the principles espoused by Dr. Carroll Behrhorst in his work with the Mayan communities of Chimaltenango. Tax-deductible contributions to BPD are forwarded directly to projects, except for the minimal amount required for advocacy. BPD is non-sectarian and non-political.

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Behrhorst Partners for Development

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Asociación BPD staff is on the ground, carrying out this vital work in their capacities as Executive Director, Program Director, Accountant, Administrator, Monitoring and Evaluation Specialist, Social Worker, Agronomist, Nutrition Educator, Sanitation Technician, and Housekeeping and Maintenance Personnel.

