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MESSAGE FROM OUR PRESIDENT

Dear Friends,

I want to emphasize that the results highlighted in this report, which reflects our July 2020-June 2021 fiscal year, were all achieved within the challenging context of the COVID-19 pandemic. I am so proud of the way ALDEA and ABPD have not only survived, but even found ways to thrive under the intense pressure of a global health crisis. For example, when ALDEA's regular spring "Glimpse of Guatemala" tour had to be canceled, we found a way to bring this experience to even more people through our first-ever virtual tour. When they could not visit communities due to COVID restrictions, ABPD staff learned how to record their training demonstrations and make them available on tablets.

I attribute this resilience to our process-focused approach. Whether we're considering a new nutrition intervention or planning a fundraiser, we always ensure that how we carry out our work receives just as much attention as what it is we choose to do. We are constantly evaluating and looking for ways to improve, so we're used to adapting. Even in times of crisis, we understand we must carefully assess the situation, consider our values, research best practices, and involve all stakeholders in planning before we pilot, evaluate, and finally implement a new program. Functioning this way takes time, but our 50+ years of experience have shown us this is the most effective route to take to yield high-impact, sustainable programming.

This year has truly shown us the incredible value of our community of supporters. We are so honored by the trust you have placed in us to find the best path forward through a set of difficult and constantly changing circumstances. Please know that every donation, every encouraging note, every inquiry into how we're doing has meant so much to our team of staff and volunteers. We're so grateful to have you with us on this journey.

Warm regards,

Sonya Fultz ALDEA Board President

and share in the

Dear Friends of ALDEA and ABPD,

With the help of our generous supporters, ALDEA and ABPD have worked through a number of challenges since July 2020, when our 2021 fiscal year began. At that time, Guatemala was still under strict COVID-19 lockdown restrictions that kept our case numbers low but put serious economic strain on many families. In response, ALDEA and ABPD delivered our second round of 555 emergency food and hygiene aid packages in August 2020. As lockdown restrictions began to ease, we were able to get back to in-person infrastructure work with masks, social distancing, and other safety precautions in place. We also sent tablets with recorded trainings to communities, which participants watched in groups of five. In October 2020, we resumed a modified version of our training program, working only with groups of 10 or fewer – meaning we had to conduct nearly triple the usual number of trainings.

Thanks to the hard work of our staff and participants, in November 2020 the four communities that began partnering with us in July 2018 were able to graduate from our regular two-year program. For the first time, we were able to begin implementing a new component from our 2018 strategic plan – a third year of support to help these communities transition to sustaining our interventions on their own. This meant that in December 2020, we were finally able to bring in the new group of communities that had signed up to begin their work with us in July.

These new communities taught us a valuable lesson about our process. Every spring, we traditionally choose the new group of communities we will bring on board for the year. Normally we hold a large meeting or "general assembly" at this point so that each person who will be involved – men, women, youth, local authorities – has the chance to learn from our staff exactly what to expect from the program and ask any questions they have before signing up to work with us. Large gatherings were forbidden and our staff weren't allowed to enter the communities in April 2020, so instead we worked through community leaders to explain the program in personal conversations with each participating family.

A couple months into the program, we learned that families in two of our new partner communities had not fully understood the significant commitment of time, labor, materials, and funds we require to help ensure they feel a sense of ownership of the projects. Unfortunately, in this case the two communities decided not to continue their work with us, and we learned that the general assembly is an absolutely critical component to our community selection process. Thankfully by this time our staff were back to in-person work, and we were able to use a better process to replace these two villages with three others who had been waiting to work with us. We now have 550 first-year families in our program, the largest cohort we have ever brought on board at once. Altogether, this fiscal year we worked with a total of 2,708 families in 18 villages. In May, we brought on two new staff people to help grow our program, a second agronomist and a nurse to support our family planning specialist.

By the end of June, we were able to make significant progress despite the many challenges we had faced. Importantly, our second-year communities were able to regain lost ground in reducing chronic childhood malnutrition – having started with an average of 52 percent of children under two suffering this devastating condition in July 2019, they saw that number spike to 54 percent in December 2020, likely due to economic hardship and food shortages related to the pandemic. By June, they had brought their chronic childhood malnutrition number down to 51 percent. We also saw the number of female participants from these communities who took part in village committees jump from just 3 percent when our work began to 21 percent, meaning nearly one of every five women we work with now holds a community decisionmaking role. Youth in our programs have been so successful with building their own laying hen businesses through our mini-grant process that we now have helped facilitate 6 of these projects that are providing nutritious eggs to families in 5 communities.

While we were able to overcome many challenges during the July 2020-June 2021 fiscal year, since then we have faced even greater difficulties. As the delta variant hit Guatemala and case numbers started to soar, including in the rural areas where we work, we made the difficult decision to suspend most of our in-person programming.

In July we suffered the heartbreaking loss of our New Masculinities Technician, Josué Maldonado. Josué built a dynamic and engaging men's program to complement our empowerment trainings with women and youth, and his passion and commitment will continue to live on in our work. With just 15 percent of Guatemalans fully vaccinated against COVID-19 in early October, we have accepted the reality that this crisis will not be over in the near future. We are going through an intensive planning process to develop a modified version of our strategic plan that we can safely implement during times of high risk. With input from community members and guidance from our boards, our ABPD staff are developing creative strategies for safely implementing infrastructure projects on a larger scale and providing as much of our training curriculum as possible in a remote or one-on-one format. We are also considering ways to address vaccine misinformation so that people can make informed choices.

We truly could not have made it through this difficult time without your support. I am proud of what we did accomplish, and I hope to have even better news to share with you next year.

Muchas gracias,

Paco Enríquez ABPD Executive Director

MESSAGE FROM THE Executive director of Abpd, our partner in guatemala

2021 RESULTS

JULY 1, 2020 THROUGH JUNE 30, 2021







945 women with **154** children under 2 years old participated in nutrition education training and recipe demonstrations.

947 women received gardening training and have begun harvesting their own vegetables and herbs.

2,737 people received family planning training;
19 women began using long-term contraceptive methods;
24 women and 6 men had contraceptive surgeries.





4 water systems installed bringing clean water to 670 families

577 gray water filters installed

318 sanitary latrines installed

294 safe, efficient, vented stoves installed







947 women, **201** men and **149** youth attended empowerment training.

 $\pmb{6}$ new youth-led egg production business projects implemented in $\pmb{5}$ communities

92% of men agree the participation of women and youth in decision-making is important.

2021 FINANCIAL INFORMATION*

ALDEA: ADVANCING LOCAL DEVELOPMENT THROUGH EMPOWERMENT & ACTION JULY 1, 2020 - JUNE 30, 2021



2021 DONATIONS BY SOURCE

INDIVIDUALS: 60% Foundations: 33% organizations & Businesses: 7%

2021 EXPENDITURES PROGRAM: 87% MANAGEMENT & GENERAL: 6% FUNDRAISING: 7%





*Apart from the U.S. revenue reported here, ALDEA assisted in securing an additional \$283,303 in cash and in-kind contributions that went directly to ABPD and are reported in their financial statements.

EVERY DOLLAR GOES A LONG WAY

TOWARD STRENGTHENING RURAL GUATEMALAN COMMUNITIES, AND ALDEA IS GRATEFUL For All Donations. Special thanks to our leadership giving circle donors for Their gifts during our july 1, 2020 to june 30, 2021 Fiscal Year.

\$10,000+

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ROTARY: WATER & SANITATION Projects in Agua caliente and paxorotot

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District 7730:

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ROTARY: REDUCING CHRONIC Childhood Malnutrition In Xetonox, Chijacinto, Xecoxol, Cojol Juyu And Paquixic

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Harbor, ME; Beauceville, QC; Belfast, ME; Camden, ME; Camden-West Bay, ME; Chicoutimi, QC; Dolbeau-Mistassini, QC; Domaine-du-Roy, QC; Ellsworth, ME; Ellsworth Noontime, ME; Farmington, ME; Gardiner, ME; Mont-Joli, QC; Montmagny, QC; QU Town, ME; Quebec, QC; Quebec East, QC; Quebec-Charlesbourg, QC; Québec-La Cité, QC; Quebec-Val Belair, QC; Rangely, ME; Rive Nord Du Saguenay, QC; Riviere-du-Loup, QC; Rockland, ME; Saint-Nicolas-Chutes-de-la-Chaudière, QC; Sept-Iles, QC; Skowhegan, ME; St. Georges, QC; Ste. Foy, QC; Theford Mines, QC; Trois Rivières, QC; Unity, ME; Waterville, ME; Waterville Sunrise, ME

PLEASE ADDRESS ALL MAIL, Including donations, to:

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The Annual Report is a publication of ALDEA, 1732 1st Avenue #26867, New York, NY 10128. ALDEA, together with our collaborators at the Asociación BPD (ABPD) in Guatemala, works in partnership with communities to improve their health and well-being. Our approach to partnership and community development is based on the principles espoused by Dr. Carroll Behrhorst in his work with the Mayan communities of Chimaltenango. ALDEA is a non-profit, 501(c)(3) organization (Tax ID 13-6266540), and contributions are deductible to the extent allowable under U.S. law. ALDEA is non-sectarian and non-political.

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